

JACQUELINE J. EVANS
The University of Texas at Austin
Department of Psychology
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EDUCATION

Ph.D. 2011 The University of Texas at Austin Psychology
Concentrations in Social, Personality and Health Psychology; Statistics
Individual Differences in Stress Physiology: Understanding Person by Situation Influences (Dissertation)

B.A. 2003 University of California, Santa Cruz Psychology (Honors)

ACADEMIC EXPERIENCE

Academic Positions:

Undergraduate Faculty Advisor, Psychology, The University of Texas at Austin, Jul 2020 – current
Associate Professor of Instruction, Psychology, The University of Texas at Austin, Aug 2019 – current
Assistant Professor of Instruction, Psychology, The University of Texas at Austin, Aug 2018 – Aug 2019
Lecturer (Full-Time), Psychology, The University of Texas at Austin, Aug 2013 – Aug 2018
Lecturer (Full-Time), Psychology, Texas State University- San Marcos, Aug 2012 – Aug 2013
Instructor, Psychology, The University of Texas at Austin Extension, Aug 2011 – Aug 2012

Other Relevant Positions:

Assistant Instructor, The University of Texas at Austin, June 2010 – May 2011
Teaching Assistant, The University of Texas at Austin, Jan 2007 – June 2010
Clinical Data Specialist, UT Southwestern Medical Center, Psychiatry, April 2004 – Dec 2005
Laboratory Assistant, University of California, Los Angeles, June 2003 – March 2004
Teaching Assistant, University of California, Santa Cruz, Jan 2003 – June 2003

TEACHING EXPERIENCE

Awards and Honors:

Excellence in Teaching Award for Part-time Faculty
College-level award, College of Liberal Arts, Texas State University, 2019

Nominee for Raymond Dickson Centennial Endowed Teaching Fellowship
Psychology Department, UT Austin, 2018-2019

President's Associates Teaching Excellence Award
University-level award, UT Austin, 2017-2018

Harry Ransom Award for Teaching Excellence

College-level award, College of Liberal Arts, UT Austin, 2016-2017

Zeta Tau Alpha Sorority Favorite Professor Dinner
UT Austin, Feb 2017

Arnold H. Buss Teaching Award for Excellence in Undergraduate Teaching
Psychology Department, UT Austin, 2015-2016

Nominee for Raymond Dickson Centennial Endowed Teaching Fellowship
Psychology Department, UT Austin, 2015-2016

Zeta Tau Alpha Sorority Favorite Professor Dinner
UT Austin, Feb 2016

Nominee for Harry Ransom Award for Teaching Excellence
Psychology Department, UT Austin, 2014-2015

Kappa Delta Sorority Favorite Professor Dinner
UT Austin, Feb 2015

Janet T. Spence Teaching Award for Excellence as Assistant Instructor
Psychology Department, UT Austin, 2010-2011

Alma Carlson Teaching Award for Excellence as Teaching Assistant
Psychology Department, UT Austin, 2008-2009

Undergraduate Courses Taught (Instructor Rating on 1-5 scale):

History of Modern Psychology, 25 classes taught to date:

UT Austin, Fall 2019 (*Instructor Rating: 4.7*)
UT Austin, Fall 2018 (*Instructor Rating: 5.0*)
UT Austin, Fall 2017 (*Instructor Rating: 5.0*)
UT Austin, Fall 2015 (*Instructor Rating: 4.9*)
UT Austin, Spring 2014 (*Instructor Rating: 4.9*)
UT Austin, Fall 2013 (*Instructor Rating: 4.8*)
Texas State University, Spring 2013 (*Instructor Rating: 5.0*)
Offered Online:
Texas State University, Spring 2013-Fall 2020, Online, 18 classes taught to date

Health Psychology, 22 classes taught to date:

UT Austin, Spring 2020 (*Instructor Rating: 4.6*)
UT Austin, Spring 2019 (*Instructor Rating: 4.9*)
UT Austin, Spring 2018 (*Instructor Rating: 4.8*)
UT Austin, Spring 2017 (*Instructor Rating: 5.0*)
UT Austin, Fall 2016 (*Instructor Rating: 5.0*)
UT Austin, Spring 2016 (*Instructor Rating: 4.8*)
UT Austin, Fall 2014 (*Instructor Rating: 4.9*)
Texas State University, Spring 2013 (*Instructor Rating: 4.4*)
Texas State University, Fall 2012 (*Instructor Rating: 4.9*)
Offered Online:

Texas State University, Fall 2012-Spring 2020, Online, 13 classes taught to date

Statistics and Research Design, 19 classes taught to date:

UT Austin, Fall 2019 (*Instructor Rating: 4.8*)
UT Austin, Spring 2019 (*Instructor Rating: 4.9*)
UT Austin, Fall 2018 (*Instructor Rating: 4.8*)
UT Austin, Spring 2018 (*Instructor Rating: 4.8*)
UT Austin, Fall 2017 (2 sections, *Avg. Instructor Rating: 4.8*)
UT Austin, Spring 2017 (2 sections, *Avg. Instructor Rating: 4.8*)
UT Austin, Spring 2016 (2 sections, *Avg. Instructor Rating: 4.8*)
UT Austin, Fall 2015 (*Instructor Rating: 4.8*)
UT Austin, Spring 2015 (2 sections; *Avg. Instructor Rating: 4.6*)
UT Austin, Fall 2014 (*Instructor Rating: 4.7*)
UT Austin, Spring 2014 (2 sections; *Avg. Instructor Rating: 4.6*)
UT Austin, Fall 2013 (2 sections; *Avg. Instructor Rating: 4.8*)

Emotion, 7 classes taught to date:

UT Austin, Fall 2020
UT Austin, Spring 2020 (*Instructor Rating: 5.0*)
UT Austin, Fall 2019 (*Instructor Rating: 4.9*)
UT Austin, Spring 2019 (*Instructor Rating: 4.9*)
UT Austin, Fall 2018 (*Instructor Rating: 4.9*)
UT Austin, Summer 2017 (*Instructor Rating: 4.9*)
UT Austin, Fall 2016 (*Instructor Rating: 4.7*)

Personality Psychology, 5 classes taught to date:

UT Austin, Spring 2018 (*Instructor Rating: 4.7*)
UT Austin, Fall 2016 (*Instructor Rating: 4.9*)
UT Austin, Fall 2015 (*Instructor Rating: 4.8*)
UT Austin, Fall 2014 (*Instructor Rating: 4.8*)
UT Austin, University Extension, Online, 2011-2012

Introductory Psychology, 4 classes taught to date:

UT Austin, Spring 2015 (*Instructor Rating: 4.7; 500-student course*)
UT Austin, Summer 2010 (*Instructor Rating: 4.7*)
Texas State University, Fall 2012 (2 sections; *Avg. Instructor Rating: 4.4*)

Social Psychology

UT Austin University Extension, Online, 2011-2012

Graduate Courses Taught (*Instructor Rating on 1-5 scale*):

Supervised Teaching in Psychology (Psy 398T), 1 class taught to date:

UT Austin, Spring 2020 (*Instructor Rating: 5.0*)

Courses for College of Liberal Arts Texas Summer program:

Personality Psychology- College of Liberal Arts Pre-College Camp

UT Austin, Summer 2017, International students 15-17 years old (*Instructor Rating: 4.5*)

UT Austin, Summer 2016, International students 15-17 years old (*Instructor Rating: 4.6*)

Courses served as Teaching Assistant:

Statistics and Research Methods (Lab), UT Austin, 2008, (*Instructor Rating: 4.6*)

Introductory Psychology, UT Austin, 2007-2011

History of Modern Psychology, UT Austin, 2009-2010

Seminar on Social Endocrinology, Summer Institute of Social Psychology, 2007

Introductory Psychology, UC Santa Cruz, Spring 2003

SERVICE OPPORTUNITIES

Student Mentorship:

Faculty Mentor, Mia Moi (Fall 2020 – present), Bridging Disciplines Program, Connecting Experience Research Project, *Social Entrepreneurship & Non-Profits*

Faculty Mentor, Josue Huerta (Spring 2020 – present), Honors Thesis- Psychology Department, *The Effects of Muscular Physique in Fitness Images on Self-Esteem, Body Satisfaction, and Exercise Motivation in Men*

Faculty Mentor, Tamia Jackson (Spring 2020 – present), McNair Scholars program.

Faculty Mentor, Lizbeth Mucino Ceron (Spring 2020), Bridging Disciplines Program, Connecting Experience Internship, *Children & Society - Intervention and Vulnerable Children*

Faculty Mentor, Nina Garza (Fall 2019 – Spring 2021), Burnt Orange Leadership Development (BOLD) program.

Faculty Mentor, Jasmine Liu-Zarzuela (Spring 2019 – Fall 2019), Plan II Honors Thesis- Psychology Department, *Well-being and Gratitude Among Pediatric and Geriatric Hospice Care Nurses*

Faculty Mentor, Macy Turley (Spring 2018 – Fall 2018), Honors Thesis- Psychology Department, *The Role of Social Media Platform Use on Self-Presentation and Body Image*

Faculty Mentor, Victoria Hart (Spring 2018 – Fall 2018), Bridging Disciplines Program, Connecting Experience Internship, *Children & Society - Intervention and Vulnerable Children*

Faculty Mentor, Emily Hinds (Spring 2018 – Fall 2018), Bridging Disciplines Program, Connecting Experience Internship, *Children & Society - Intervention and Vulnerable Children*

Faculty Mentor, Jasmine Bell (Summer 2017 – Fall 2017), Honors Thesis- Psychology Department, *Language Use as a Function of Poetry Modality (Written/ Spoken): A LIWC Analysis*

Faculty Mentor, Bradley Dweck (Spring 2017 – Fall 2017), Independent Study- Undergraduate Studies, *Personality in Health Care: Informing Patient-Provider Communication*

Faculty Mentor, Shelley Fang (2015-2016), Honors Thesis- College of Natural Sciences: *Health and Ballroom Dance: Affect of New and Experienced Dancers After Partner Dancing*

Faculty Mentor, Courtney Wiesepape (Spring 2015), Bridging Disciplines Program, Connecting Research Experience, *Childhood Obesity: A Retrospective Study of Evolving Trends*

Plan II Faculty Advisor, Emily Barnes, Graduated May 2018

Administrative and Committee Service:

Undergraduate Faculty Advisor, Psychology Department, UT Austin, 2020-present.

Committee member, *Executive Committee*, Psychology Department, UT Austin, 2020-present.

Committee member, *Undergraduate Curriculum*, Psychology Department, UT Austin, 2019-present.

Committee member, *College Teaching Award Selection Committee*, College of Liberal Arts, UT Austin, 2019-2021.

Other Departmental and University Service:

Participating Faculty Member, Well-being in Learning Environments program, Counseling and Mental Health Center, UT Austin, 2018 – current.

Co-Instructor, Professional Development Seminar (5-session supplement), PSY 357: Undergraduate Research Experience in Psychology, Fall 2020

Co-Organizer and Faculty Panelist, *Promoting Inclusivity and Equity in the Psychology Classroom*, Psychology Department Faculty Session, UT Austin, Sept 2020

Faculty Panelist, *Incorporating Well-being into Virtual Learning Environments*, UT College of Pharmacy, UT Austin, Aug 2020

Faculty Speaker, *Life of a Teaching Assistant: Graduate Teaching Workshop*, Incoming Graduate Student Bootcamp, Psychology Department, UT Austin, Aug 2020

Faculty Panelist, Think Tank for Virtual Curriculum Development, Blanton Museum of Art Education and Academic Affairs, UT Austin, May 2020

Faculty Panelist, *Texas Well-being: Faculty Voices in Support of UT Students' Mental Health*, Mental Health Promotion Week Live Stream, UT Wellness Network, UT Austin, Apr 2020.

Faculty Moderator and Judge, *Plan II Honors Program Thesis Symposium*, UT Austin, Nov 2019

Faculty Speaker, *My Psychology Journey: How to Find Your Meaningful Path as a Psychology Major*, Women in Psychology, Psychology Undergraduate Organization, UT Austin, Nov 2019

Faculty Judge, *Liberal Arts Council Undergraduate Research Competition*, College of Liberal Arts, UT Austin, Apr 2019

Faculty Speaker, *Building Resiliency and Your Coping Toolkit*, Women in Psychology, Psychology Undergraduate Organization, UT Austin, Apr 2019

Faculty Speaker, *Finding Your Path as a Psychology Major*, Texas Student Psychological Association, Psychology Undergraduate Organization, UT Austin, Apr 2019

Faculty Speaker, *Getting Good at Stress: Building Resiliency and Your Coping Toolkit*, Psi Chi, Psychology Undergraduate Organization, UT Austin, Nov 2018

Faculty Speaker, *Building Meaningful Experiences as a Psychology Major*, Psi Chi, Psychology Undergraduate Organization, UT Austin, Apr 2018

Faculty Speaker, *Being Mindful: Coping with Stress*, Texas Student Psychological Association, Psychology Undergraduate Organization, UT Austin, Apr 2018

Faculty Judge, *Liberal Arts Council Undergraduate Research Competition*, College of Liberal Arts, UT Austin, Apr 2018

Interviewed for press article, Exercise may help with smoking cessation, Daily Texan, Feb 19, 2018

Faculty Speaker, *Teaching Career Panel*, Psychology Graduate Student Association, UT Austin, Nov 2017

Instructor, PSY 352: Abnormal Psychology SMOC re-cast course for Prof. Bradbury, Fall 2017

Faculty Speaker, *Building Meaningful Experiences and Finding Your Path as a Psychology Major*, Psi Chi, Psychology Undergraduate Organization, UT Austin, Apr 2017

Faculty Speaker, *Putting Your Psychology Degree to Work*, Texas Student Psychological Association, Psychology Undergraduate Organization, UT Austin, Feb 2017

Faculty Speaker, *Stress and Mindfulness*, Women in Psychology, Psychology Undergraduate Organization, UT Austin, Nov 2016

Guest Lecturer, *Putting Pedagogy into Action*, Graduate Teaching in Psychology course, Dr. Rebecca Bigler, UT Austin, Apr 2016

Faculty Speaker, *Health and Mindfulness*, Psi Chi, Psychology Undergraduate Organization, UT Austin, Feb 2016

Faculty Speaker, *Stress and Health*, Texas Student Psychological Association, Psychology Undergraduate Organization, UT Austin, Sept 2015

Guest Lecturer, *Stress, Health, and Mindfulness*, Sociology of Health and Society course, Instructor: Dr. Emily Durden, UT Austin, Sept 2015

Faculty Speaker, *Graduate Study in Psychology*, Women in Psychology, Psychology Undergraduate Organization, UT Austin, Sept 2014

Consulted and performed hormone assays, Stress among Homeless Youth Project, UT Austin Nursing Department, 2007

Graduate Representative, Graduate Student Assembly, Psychology Department, UT Austin, 2006-2007

Community and External Service:

Mental Health First Aid (MHFA) certified, Completed 8-hour mental health crisis intervention course to earn 3-year MHFA certification, National Council for Behavioral Health, 2019

Classroom Volunteer, Positive behavior interventions and supports (PBIS) school store, classroom PTA event, Elementary School, Cedar Park, TX, 2019

Classroom Representative, In-class science demonstration and reading, classroom PTA event volunteer, Elementary School, Cedar Park, TX, ongoing 2018-2019

Classroom Representative, In-class science demonstration and reading, classroom PTA event volunteer, Elementary School, Cedar Park, TX, 2017-2018

Interviewed for press article, Passive Death: The Silencer from Within, Liberal Arts and Science Academy LASA Magazine, October 2017

Classroom Volunteer, Developing reading skills with kindergarteners, Elementary School, Cedar Park, TX, 2016-2017

Interviewed for press article, Adult Coloring and Stress Reduction, Texas Monthly magazine, 2016

Volunteer Fundraiser (raised \$860), ASPCA, 2014

Faculty Representative, Bobcat Days, Psychology Department, Texas State University, 2013

Faculty Sponsor, Round Rock Campus Psychology Association, Texas State University, 2013

Interviewed for press article, Stress, Hormones and Women's Health, HerSports Magazine, 2007

PROFESSIONAL MEMBERSHIPS

American Psychological Association, Member, since 2002

Division 2 Member (Teaching of Psychology)

Association for Psychological Science, Member, since 2012

Society for Personality and Social Psychology, Member, since 2006

Society for the Teaching of Psychology, Member, since 2013

TEACHING CONFERENCES ATTENDED (* indicates also presented)

National Institute on the Teaching of Psychology, Virtual, Jan 2021 (registered)

American Psychological Association, Teaching Preconference, Virtual, Aug 2020

*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2020

*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2019

*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2018

*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2017

*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2016

Writing Faculty Retreat Teaching Workshop, Office of Undergraduate Studies, UT Austin, May 2015

New Faculty Symposium, Center for Learning Sciences, UT Austin, Aug 2013
APS-STP Teaching Institute, Association for Psychological Science Conference, Washington, D.C., May 2013

FELLOWSHIPS AND HONORS

Faculty Writing Retreat Professional Development Stipend, UT Austin (\$1,200), 2015-2016
Liberal Arts Graduate Research Fellowship, UT Austin (\$1,400), 2008-2009
National Science Foundation Graduate Research Fellowship- Honorable Mention, 2008
Liberal Arts Graduate Research Fellowship, UT Austin (\$1,800), 2007-2008
National Science Foundation Graduate Research Fellowship- Honorable Mention, 2007
Research Intern Fellowship, UT Austin (\$18,000), 2006-2007
Honors Distinction, Intensive Majors Program, UC Santa Cruz, 2003
Chancellor's Honor List, UC Santa Cruz, 2001-2003
Alpha Gamma Sigma Honor Society, 2000-2001

PUBLICATIONS (* indicates a student mentee)

Josephs, R.A., Telch, M.J., Hixon, J.G., **Evans, J.J.**, Lee, H., Knopik, V.S., et al. (2012). Genetic and hormonal sensitivity to threat: Testing a serotonin transporter genotype x testosterone interaction. *Psychoneuroendocrinology*, 37, 752-761.

Rivers, J.J., & Josephs, R.A. (2010). *Dominance and health: The role of social rank in physiology and illness*. In A.P. Guinote & T.K. Vescio (Eds.) *The Social Psychology of Power*. New York: Guilford.

Manuscripts in preparation:

Liu-Zarzuela, J.*, **Evans, J.J.**, & Steinhardt, M. (in preparation). *Well-being and gratitude among pediatric and geriatric hospice care nurses*.

Evans, J.J., Hamilton, L.D., Delville, Y & Josephs, R.A. (in preparation). Openness to Experience, Gender, and the Presence of Strangers Interact to Predict TSST-Evoked Cortisol Reactivity.

Hamilton, L.D., **Evans, J.J.**, Josephs, R.A., & Delville, Y. (in preparation). *History of bullying affects acute stress response*.

PRESENTATIONS

Conference and Invited Talks:

Evans, J.J. (2020, January). *Boosting empathy and promoting networking through service learning*. Participant Idea Exchange (PIE) to be presented for the National Institute on the Teaching of Psychology, St. Petersburg, FL.

Evans, J.J. (2019, January). *Enhancing learning through promoting self-care, wellness, and resiliency for students as a non-clinician*. Participant Idea Exchange (PIE) to be presented for the National Institute on the Teaching of Psychology, St. Petersburg, FL.

- Evans, J.J.** (2018, February). *Building meaningful experiences and finding your path as a psychology major*. Invited talk presented for the Round Rock Psychology Student Organization, Texas State University, Round Rock, TX.
- Evans, J.J.** (2018, January). *Taking the grrr out of group projects: Facilitating professionalism and collaboration*. Participant Idea Exchange (PIE) presented for the National Institute on the Teaching of Psychology, St. Petersburg, FL.
- Evans, J.J.** (2017, November). *Stress and mindfulness*. Invited talk presented for the Round Rock Psychology Student Organization, Texas State University, Round Rock, TX.
- Evans, J.J.** (2017, September). *Cultivating joy and resilience in adversity*. Invited talk presented for Facebook Inc., Austin, TX
- Evans, J.J.** (2017, May). *Resilience in the face of stress: Developing your coping toolkit*. Invited talk presented for Facebook Inc., Austin, TX.
- Evans, J.J.** (2017, January). *The Art of Emotion: Bringing to life Human Emotion through interaction with poignant art exhibits*. Participant Idea Exchange (PIE) presented for the National Institute on the Teaching of Psychology, St. Petersburg, FL.
- Evans, J.J.** (2016, January). *Leveraging the self and technology to teach the science of personality*. Participant Idea Exchange (PIE) presented for the National Institute on the Teaching of Psychology, St. Petersburg, FL.
- Evans, J.J., Josephs, R.A., Hamilton, L.D., & Delville, Y.** (2011, February). *Individual differences in stress physiology: Understanding person by situation influences*. Talk presented for the Social and Personality Psychology Area, The University of Texas at Austin.
- Rivers, J.J., Beevers, C.G., McGeary, J.E., Hixon, J.G., & Josephs, R.A.** (2010, April). *Gene x hormone interaction predicts stress response*. Talk presented for the Social and Personality Psychology Area, The University of Texas at Austin.
- Rivers, J.J., Beevers, C.G., McGeary, J.E., Hixon, J.G., & Josephs, R.A.** (2010, April). *Gene x hormone interaction predicts stress response*. Talk presented for the Liberal Arts Counsel Meeting, The University of Texas at Austin.
- Rivers, J.J., Josephs, R.A., Hamilton, L.D., & Delville, Y.** (2008, April). *Does misery love company? Affiliation and recovery from acute stress*. Talk presented for the Clinical Psychology Area, The University of Texas at Austin.
- Rivers, J.J., Josephs, R.A., Hamilton, L.D., & Delville, Y.** (2008, February). *Does misery love company? Affiliation and recovery from acute stress*. Paper presented at the symposium *Mind and Body (Without Scanning the Brain): Basic Physiological Processes Facilitate Understanding of Complex Social Phenomena* for the Society for Personality and Social Psychology, Albuquerque, NM.
- Rivers, J.J., Josephs, R.A., Hamilton, L.D., & Delville, Y.** (2007, April). *Does misery love company? Affiliation and recovery from acute stress*. Talk presented for the Social and Personality Psychology Area, The University of Texas at Austin.

Posters: (* indicates a student mentee)

- Turley, M.* & Evans, J.J. (2018, December). *#NoFilter: Contrasting Real, Ideal, and False Self-Presentation on Facebook and Instagram*. Poster presented at the Honors Program Poster Session, Psychology Department, UT Austin.
- Bell, J.* & Evans, J.J. (2017, December). *Language Use as a Function of Poetry Modality (Written/Spoken): A LIWC Analysis*. Poster presented at the Honors Program Poster Session, Psychology Department, UT Austin.
- Fang, S.* & Evans, J.J. (2016, April). *Health and Partner Dance: Changes in Affect and Anxiety After Dancing*. Poster presented at the Longhorn Research Bazaar Research Week Poster Session, Office of Undergraduate Studies, UT Austin, Austin, TX.
- Wiesepape, C.* & Evans, J.J. (2015, April). *Childhood Obesity: A Retrospective Study of Evolving Trends*. Poster presented at the Bridging Disciplines Program Poster Session, Office of Undergraduate Studies, UT Austin, Austin, TX.
- Rivers, J.J., Beevers, C.G., McGeary, J.E., Hixon, J.G., & Josephs, R.A. (2010, February). *Hormone x gene interaction predicts stress reactivity*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Rivers, J.J., Josephs, R.A., Hamilton, L.D., & Delville, Y. (2009, February). *Does the person matter? Personality and affiliation predict overall acute stress responsivity*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Rivers, J.J., & Rao, U. (2005, October). *Relationship between chronic stress and HPA responsivity in depressed adolescents*. Poster presented at the annual meeting of American Academy of Child and Adolescent Psychiatry, Toronto, ON, Canada.
- Rivers, J.J., & Hammen, C.L. (2004, November). *Neuroticism and stress sensitivity as predictors of major depressive episode recurrence*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT), New Orleans, LA.
- Dienes, K.A., Hammen, C.L., & Rivers, J.J. (2004, November). *Basal cortisol levels in individuals at risk for depression*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT), New Orleans, LA.

Last Revision 10/20