

**JACQUELINE J. EVANS**  
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Department of Psychology  
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## EDUCATION

Ph.D. 2011 The University of Texas at Austin Psychology, Statistics Minor  
Concentrations in Social, Personality and Health Psychology  
*Individual Differences in Stress Physiology: Understanding Person by Situation Influences (Dissertation)*

B.A. 2003 University of California, Santa Cruz Psychology (Honors)

## ACADEMIC EXPERIENCE

### Academic Positions:

**Associate Professor of Instruction**, The University of Texas at Austin, Aug 2019 – current  
**Assistant Professor of Instruction**, The University of Texas at Austin, Aug 2018 – Aug 2019  
**Lecturer (Full-Time)**, The University of Texas at Austin, Aug 2013 – Aug 2018  
**Lecturer (Full-Time)**, Texas State University- San Marcos, Aug 2012 – Aug 2013  
**Instructor**, The University of Texas at Austin Extension, Aug 2011 – Aug 2012

### Other Relevant Positions:

**Assistant Instructor**, The University of Texas at Austin, June 2010 – May 2011  
**Teaching Assistant**, The University of Texas at Austin, Jan 2007 – June 2010  
**Clinical Data Specialist**, UT Southwestern Medical Center, Psychiatry, April 2004 – Dec 2005  
**Laboratory Assistant**, University of California, Los Angeles, June 2003 – March 2004  
**Teaching Assistant**, University of California, Santa Cruz, Jan 2003 – June 2003

## TEACHING EXPERIENCE

### Awards and Honors:

**Excellence in Teaching Award for Part-time Faculty**  
College-level award, College of Liberal Arts, Texas State University, 2019

**Nominee for Raymond Dickson Centennial Endowed Teaching Fellowship**  
Psychology Department, UT Austin, 2018-2019

**President's Associates Teaching Excellence Award**  
University-level award, UT Austin, 2017-2018

**Harry Ransom Award for Teaching Excellence**  
College-level award, College of Liberal Arts, UT Austin, 2016-2017

**Zeta Tau Alpha Sorority Favorite Professor Dinner**

UT Austin, Feb 2017

**Arnold H. Buss Teaching Award for Excellence in Undergraduate Teaching**

Psychology Department, UT Austin, 2015-2016

**Nominee for Raymond Dickson Centennial Endowed Teaching Fellowship**

Psychology Department, UT Austin, 2015-2016

**Zeta Tau Alpha Sorority Favorite Professor Dinner**

UT Austin, Feb 2016

**Nominee for Harry Ransom Award for Teaching Excellence**

Psychology Department, UT Austin, 2014-2015

**Kappa Delta Sorority Favorite Professor Dinner**

UT Austin, Feb 2015

**Janet T. Spence Teaching Award for Excellence as Assistant Instructor**

Psychology Department, UT Austin, 2010-2011

**Alma Carlson Teaching Award for Excellence as Teaching Assistant**

Psychology Department, UT Austin, 2008-2009

*Courses Taught (Instructor Rating on 1-5 scale):*

**History of Modern Psychology**, 21 classes taught to date:

UT Austin, Fall 2019

UT Austin, Fall 2018 (*Instructor Rating: 5.0*)

UT Austin, Fall 2017 (*Instructor Rating: 5.0*)

UT Austin, Fall 2015 (*Instructor Rating: 4.9*)

UT Austin, Spring 2014 (*Instructor Rating: 4.9*)

UT Austin, Fall 2013 (*Instructor Rating: 4.8*)

Texas State University, Spring 2013 (*Instructor Rating: 5.0*)

*Offered Online:*

Texas State University, Spring 2013-Fall 2019, Online, 14 classes taught to date

**Health Psychology**, 19 classes taught to date:

UT Austin, Spring 2019 (*Instructor Rating: 4.9*)

UT Austin, Spring 2018 (*Instructor Rating: 4.8*)

UT Austin, Spring 2017 (*Instructor Rating: 5.0*)

UT Austin, Fall 2016 (*Instructor Rating: 5.0*)

UT Austin, Spring 2016 (*Instructor Rating: 4.8*)

UT Austin, Fall 2014 (*Instructor Rating: 4.9*)

Texas State University, Spring 2013 (*Instructor Rating: 4.4*)

Texas State University, Fall 2012 (*Instructor Rating: 4.9*)

*Offered Online:*

Texas State University, Fall 2012-Summer 2019, Online, 11 classes taught to date

**Statistics and Research Design**, 18 classes taught to date:

UT Austin, Fall 2019  
UT Austin, Spring 2019 (*Instructor Rating: 4.9*)  
UT Austin, Fall 2018 (*Instructor Rating: 4.8*)  
UT Austin, Spring 2018 (*Instructor Rating: 4.8*)  
UT Austin, Fall 2017 (2 sections, *Avg. Instructor Rating: 4.8*)  
UT Austin, Spring 2017 (2 sections, *Avg. Instructor Rating: 4.8*)  
UT Austin, Spring 2016 (2 sections, *Avg. Instructor Rating: 4.8*)  
UT Austin, Fall 2015 (*Instructor Rating: 4.8*)  
UT Austin, Spring 2015 (2 sections; *Avg. Instructor Rating: 4.6*)  
UT Austin, Fall 2014 (*Instructor Rating: 4.7*)  
UT Austin, Spring 2014 (2 sections; *Avg. Instructor Rating: 4.6*)  
UT Austin, Fall 2013 (2 sections; *Avg. Instructor Rating: 4.8*)

**Personality Psychology**, 5 classes taught to date:

UT Austin, Spring 2018 (*Instructor Rating: 4.7*)  
UT Austin, Fall 2016 (*Instructor Rating: 4.9*)  
UT Austin, Fall 2015 (*Instructor Rating: 4.8*)  
UT Austin, Fall 2014 (*Instructor Rating: 4.8*)  
UT Austin, University Extension, Online, 2011-2012

**Emotion**, 5 classes taught to date:

UT Austin, Fall 2019  
UT Austin, Spring 2019 (*Instructor Rating: 4.9*)  
UT Austin, Fall 2018 (*Instructor Rating: 4.9*)  
UT Austin, Summer 2017 (*Instructor Rating: 4.9*)  
UT Austin, Fall 2016 (*Instructor Rating: 4.7*)

**Introductory Psychology**, 4 classes taught to date:

UT Austin, Spring 2015 (*Instructor Rating: 4.7; 500-student course*)  
UT Austin, Summer 2010 (*Instructor Rating: 4.7*)  
Texas State University, Fall 2012 (2 sections; *Avg. Instructor Rating: 4.4*)

**Social Psychology**

UT Austin University Extension, Online, 2011-2012

*Courses for College of Liberal Arts Texas Summer program:*

**Personality Psychology- College of Liberal Arts Pre-College Camp**

UT Austin, Summer 2017, International students 15-17 years old (*Instructor Rating: 4.5*)  
UT Austin, Summer 2016, International students 15-17 years old (*Instructor Rating: 4.6*)

*Courses served as Teaching Assistant:*

**Statistics and Research Methods (Lab)**, UT Austin, 2008, (*Instructor Rating: 4.6*)

**Introductory Psychology**, UT Austin, 2007-2011

**History of Modern Psychology**, UT Austin, 2009-2010

**Seminar on Social Endocrinology**, Summer Institute of Social Psychology, 2007

**Introductory Psychology**, UC Santa Cruz, Spring 2003

**SERVICE OPPORTUNITIES**

Student Mentorship:

**Faculty Mentor**, Nina Garza (Fall 2019- Spring 2021), Burnt Orange Leadership Development (BOLD) program.

**Faculty Mentor**, Jasmine Liu-Zarzuela (Spring 2019 – Fall 2019), Plan II Honors Thesis- Psychology Department, *Well-being and Gratitude Among Pediatric and Geriatric Hospice Care Nurses*

**Faculty Mentor**, Macy Turley (Spring 2018 – Fall 2018), Honors Thesis- Psychology Department, *The Role of Social Media Platform Use on Self-Presentation and Body Image*

**Faculty Mentor**, Victoria Hart (Spring 2018 – Fall 2018), Bridging Disciplines Program, Connecting Experience Internship, *Children & Society - Intervention and Vulnerable Children*

**Faculty Mentor**, Emily Hinds (Spring 2018 – Fall 2018), Bridging Disciplines Program, Connecting Experience Internship, *Children & Society - Intervention and Vulnerable Children*

**Faculty Mentor**, Jasmine Bell (Summer 2017 – Fall 2017), Honors Thesis- Psychology Department, *Language Use as a Function of Poetry Modality (Written/ Spoken): A LIWC Analysis*

**Faculty Mentor**, Bradley Dweck (Spring 2017 – Fall 2017), Independent Study- Undergraduate Studies, *Personality in Health Care: Informing Patient-Provider Communication*

**Faculty Mentor**, Shelley Fang (2015-2016), Honors Thesis- College of Natural Sciences: *Health and Ballroom Dance: Affect of New and Experienced Dancers After Partner Dancing*

**Faculty Mentor**, Courtney Wiesepape (Spring 2015), Bridging Disciplines Program, Connecting Research Experience, *Childhood Obesity: A Retrospective Study of Evolving Trends*

**Plan II Faculty Advisor**, Emily Barnes, Graduated May 2018

Departmental and University Service:

**Faculty Judge**, *Liberal Arts Council Undergraduate Research Competition*, College of Liberal Arts, UT Austin, Apr 2019

**Faculty Speaker**, *Building Resiliency and Your Coping Toolkit*, Women in Psychology, Psychology Undergraduate Organization, UT Austin, Apr 2019

**Faculty Speaker**, *Finding Your Path as a Psychology Major*, Texas Student Psychological Association, Psychology Undergraduate Organization, UT Austin, Apr 2019

**Faculty Speaker**, *Getting Good at Stress: Building Resiliency and Your Coping Toolkit*, Psi Chi, Psychology Undergraduate Organization, UT Austin, Nov 2018

**Faculty Speaker**, *Building Meaningful Experiences as a Psychology Major*, Psi Chi, Psychology Undergraduate Organization, UT Austin, Apr 2018

**Faculty Speaker**, *Being Mindful: Coping with Stress*, Texas Student Psychological Association, Psychology Undergraduate Organization, UT Austin, Apr 2018

**Faculty Judge**, *Liberal Arts Council Undergraduate Research Competition*, College of Liberal Arts, UT Austin, Apr 2018

**Interviewed for press article**, Exercise may help with smoking cessation, Daily Texan, Feb 19, 2018

**Faculty Speaker**, *Teaching Career Panel*, Psychology Graduate Student Association, UT Austin, Nov 2017

**Instructor**, PSY 352: Abnormal Psychology SMOC re-cast course for Prof. Bradbury, Fall 2017

**Faculty Speaker**, *Building Meaningful Experiences and Finding Your Path as a Psychology Major*, Psi Chi, Psychology Undergraduate Organization, UT Austin, Apr 2017

**Faculty Speaker**, *Putting Your Psychology Degree to Work*, Texas Student Psychological Association, Psychology Undergraduate Organization, UT Austin, Feb 2017

**Faculty Speaker**, *Stress and Mindfulness*, Women in Psychology, Psychology Undergraduate Organization, UT Austin, Nov 2016

**Guest Lecturer**, *Putting Pedagogy into Action*, Graduate Teaching in Psychology course, Dr. Rebecca Bigler, UT Austin, Apr 2016

**Faculty Speaker**, *Health and Mindfulness*, Psi Chi, Psychology Undergraduate Organization, UT Austin, Feb 2016

**Faculty Speaker**, *Stress and Health*, Texas Student Psychological Association, Psychology Undergraduate Organization, UT Austin, Sept 2015

**Guest Lecturer**, *Stress, Health, and Mindfulness*, Sociology of Health and Society course, Instructor: Dr. Emily Durden, UT Austin, Sept 2015

**Faculty Speaker**, *Graduate Study in Psychology*, Women in Psychology, Psychology Undergraduate Organization, UT Austin, Sept 2014

**Consulted and performed hormone assays**, Stress among Homeless Youth Project, UT Austin Nursing Department, 2007

**Graduate Representative**, Graduate Student Assembly, Psychology Department, UT Austin, 2006-2007

*Community and External Service:*

**Classroom Volunteer**, In-class science demonstration and reading, classroom PTA event volunteer, Elementary School, Cedar Park, TX, ongoing 2019-present

**Classroom Representative**, In-class science demonstration and reading, classroom PTA event volunteer, Elementary School, Cedar Park, TX, ongoing 2018-2019

**Classroom Representative**, In-class science demonstration and reading, classroom PTA event volunteer, Elementary School, Cedar Park, TX, 2017-2018

**Interviewed for press article**, Passive Death: The Silencer from Within, Liberal Arts and Science Academy LASA Magazine, October 2017

**Classroom Volunteer**, Developing reading skills with kindergarteners, Elementary School, Cedar Park, TX, 2016-2017

**Interviewed for press article**, Adult Coloring and Stress Reduction, Texas Monthly magazine, 2016

**Volunteer Fundraiser** (raised \$860), ASPCA, 2014

**Faculty Representative**, Bobcat Days, Psychology Department, Texas State University, 2013

**Faculty Sponsor**, Round Rock Campus Psychology Association, Texas State University, 2013

**Interviewed for press article**, Stress, Hormones and Women's Health, HerSports Magazine, 2007

## **PROFESSIONAL MEMBERSHIPS**

American Psychological Association, Member, since 2002

Division 2 Member (Teaching of Psychology)

Association for Psychological Science, Member, since 2012

Society for Personality and Social Psychology, Member, since 2006

Society for the Teaching of Psychology, Member, since 2013

## **TEACHING CONFERENCES ATTENDED** (\* indicates also presented)

\*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2019

\*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2018

\*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2017

\*National Institute on the Teaching of Psychology, St. Petersburg, FL, Jan 2016

Writing Faculty Retreat Teaching Workshop, Office of Undergraduate Studies, UT Austin, May 2015

New Faculty Symposium, Center for Learning Sciences, UT Austin, Aug 2013

APS-STP Teaching Institute, Association for Psychological Science Conference, Washington, D.C., May 2013

## **FELLOWSHIPS AND HONORS**

Faculty Writing Retreat Professional Development Stipend, UT Austin (\$1,200), 2015-2016

Liberal Arts Graduate Research Fellowship, UT Austin (\$1,400), 2008-2009

National Science Foundation Graduate Research Fellowship- Honorable Mention, 2008

Liberal Arts Graduate Research Fellowship, UT Austin (\$1,800), 2007-2008

National Science Foundation Graduate Research Fellowship- Honorable Mention, 2007

Research Intern Fellowship, UT Austin (\$18,000), 2006-2007

Honors Distinction, Intensive Majors Program, UC Santa Cruz, 2003

Chancellor's Honor List, UC Santa Cruz, 2001-2003

Alpha Gamma Sigma Honor Society, 2000-2001

## PUBLICATIONS

Josephs, R.A., Telch, M.J., Hixon, J.G., **Evans, J.J.**, Lee, H., Knopik, V.S., et al. (2012). Genetic and hormonal sensitivity to threat: Testing a serotonin transporter genotype x testosterone interaction. *Psychoneuroendocrinology*, 37, 752-761.

**Rivers, J.J.**, & Josephs, R.A. (2010). *Dominance and health: The role of social rank in physiology and illness*. In A.P. Guinote & T.K. Vescio (Eds.) *The Social Psychology of Power*. New York: Guilford.

### Manuscripts in preparation:

**Evans, J.J.**, Hamilton, L.D., Delville, Y & Josephs, R.A. (in preparation). Openness to Experience, Gender, and the Presence of Strangers Interact to Predict TSST-Evoked Cortisol Reactivity.

Hamilton, L.D., **Evans, J.J.**, Josephs, R.A., & Delville, Y. (in preparation). *History of bullying affects acute stress response*.

## PRESENTATIONS

### Conference and Invited Talks:

**Evans, J.J.** (2019, January). *Enhancing Learning through Promoting Self-Care, Wellness, and Resiliency for Students as a Non-Clinician*. Participant Idea Exchange (PIE) to be presented for the National Institute on the Teaching of Psychology, St. Petersburg, FL.

**Evans, J.J.** (2018, February). *Building Meaningful Experiences and Finding Your Path as a Psychology Major*. Invited talk presented for the Round Rock Psychology Student Organization, Texas State University, Round Rock, TX.

**Evans, J.J.** (2018, January). *Taking the Grrr out of Group Projects: Facilitating Professionalism and Collaboration*. Participant Idea Exchange (PIE) presented for the National Institute on the Teaching of Psychology, St. Petersburg, FL.

**Evans, J.J.** (2017, November). *Stress and Mindfulness*. Invited talk presented for the Round Rock Psychology Student Organization, Texas State University, Round Rock, TX.

**Evans, J.J.** (2017, September). *Cultivating Joy and Resilience in Adversity*. Invited talk presented for Facebook Inc., Austin, TX

**Evans, J.J.** (2017, May). *Resilience in the Face of Stress: Developing your Coping Toolkit*. Invited talk presented for Facebook Inc., Austin, TX.

**Evans, J.J.** (2017, January). *The Art of Emotion: Bringing to life Human Emotion through interaction with poignant art exhibits*. Participant Idea Exchange (PIE) presented for the National Institute on the Teaching of Psychology, St. Petersburg, FL.

**Evans, J.J.** (2016, January). *Leveraging the self and technology to teach the science of personality*. Participant Idea Exchange (PIE) presented for the National Institute on the Teaching of Psychology, St. Petersburg, FL.

- Evans, J.J.**, Josephs, R.A., Hamilton, L.D., & Delville, Y. (2011, February). *Individual differences in stress physiology: Understanding person by situation influences*. Talk presented for the Social and Personality Psychology Area, The University of Texas at Austin.
- Rivers, J.J.**, Beevers, C.G., McGeary, J.E., Hixon, J.G., & Josephs, R.A. (2010, April). *Gene x hormone interaction predicts stress response*. Talk presented for the Social and Personality Psychology Area, The University of Texas at Austin.
- Rivers, J.J.**, Beevers, C.G., McGeary, J.E., Hixon, J.G., & Josephs, R.A. (2010, April). *Gene x hormone interaction predicts stress response*. Talk presented for the Liberal Arts Counsel Meeting, The University of Texas at Austin.
- Rivers, J.J.**, Josephs, R.A., Hamilton, L.D., & Delville, Y. (2008, April). *Does misery love company? Affiliation and recovery from acute stress*. Talk presented for the Clinical Psychology Area, The University of Texas at Austin.
- Rivers, J.J.**, Josephs, R.A., Hamilton, L.D., & Delville, Y. (2008, February). *Does misery love company? Affiliation and recovery from acute stress*. Paper presented at the symposium *Mind and Body (Without Scanning the Brain): Basic Physiological Processes Facilitate Understanding of Complex Social Phenomena* for the Society for Personality and Social Psychology, Albuquerque, NM.
- Rivers, J.J.**, Josephs, R.A., Hamilton, L.D., & Delville, Y. (2007, April). *Does misery love company? Affiliation and recovery from acute stress*. Talk presented for the Social and Personality Psychology Area, The University of Texas at Austin.
- Posters: (\* indicates a student mentee)
- Turley, M.\* & **Evans, J.J.** (2018, December). *#NoFilter: Contrasting Real, Ideal, and False Self-Presentation on Facebook and Instagram*. Poster presented at the Honors Program Poster Session, Psychology Department, UT Austin.
- Bell, J.\* & **Evans, J.J.** (2017, December). *Language Use as a Function of Poetry Modality (Written/Spoken): A LIWC Analysis*. Poster presented at the Honors Program Poster Session, Psychology Department, UT Austin.
- Fang, S.\* & **Evans, J.J.** (2016, April). *Health and Partner Dance: Changes in Affect and Anxiety After Dancing*. Poster presented at the Longhorn Research Bazaar Research Week Poster Session, Office of Undergraduate Studies, UT Austin, Austin, TX.
- Wiesepape, C.\* & **Evans, J.J.** (2015, April). *Childhood Obesity: A Retrospective Study of Evolving Trends*. Poster presented at the Bridging Disciplines Program Poster Session, Office of Undergraduate Studies, UT Austin, Austin, TX.
- Rivers, J.J.**, Beevers, C.G., McGeary, J.E., Hixon, J.G., & Josephs, R.A. (2010, February). *Hormone x gene interaction predicts stress reactivity*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Rivers, J.J.**, Josephs, R.A., Hamilton, L.D., & Delville, Y. (2009, February). *Does the person matter? Personality and affiliation predict overall acute stress responsivity*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.



**Rivers, J.J., & Rao, U.** (2005, October). *Relationship between chronic stress and HPA responsivity in depressed adolescents.* Poster presented at the annual meeting of American Academy of Child and Adolescent Psychiatry, Toronto, ON, Canada.

**Rivers, J.J., & Hammen, C.L.** (2004, November). *Neuroticism and stress sensitivity as predictors of major depressive episode recurrence.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT), New Orleans, LA.

Dienes, K.A., Hammen, C.L., & **Rivers, J.J.** (2004, November). *Basal cortisol levels in individuals at risk for depression.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (formerly AABT), New Orleans, LA.

**Last Revision 10/19**